# How can I be sure?

### Episode One: I Am Sure That God Exists?

Start your discussion by watching the Introduction Video

#### Discuss:

- Thinking about your personality and your approach to faith, how much "evidence" do you need to believe and follow Jesus? In other words, how easy is it for you to have faith?
- 2. What are the benefits of knowing not just what we believe, but why we believe them? List as many as you can think of.

#### Fill in the blanks while watching Episode One

- Inertia: An object at rest will stay at rest unless acted upon by an \_\_\_\_\_.
- Gravity: The \_\_\_\_\_ that attracts a body toward any other physical body having mass.
- 3. Entropy: Systems tend to lose energy and move from
- 4. The scientific laws of \_\_\_\_\_, and \_\_\_\_\_suggest that God exists.



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- 3. What did you think about hearing that these scientific laws (inertia, gravity, and entropy) point to God's existence? Which is the most compelling to you?
- 4. If someone came up to you and said, "I already believe that God exists, why do I need to learn more explanations for what I already believe to be true?" How would you respond to a question like this?
- 5. Read Luke 1:1-4. Why do you think it's important that Luke researched so heavily? 2000 years later, how is our own investigation of the truth similar and different to Luke's?
- 6. Read Hebrews 11:1-3. Where does faith come into the pursuit of truth? Where does pursuing truth through logic and faith meet together? Can you have logic and faith simultaneously?
- 7. Throughout the rest of this small group, what's the one question you hope to get answered?

Conclude your time by asking for any prayer requests from group members and pray that God will build up their faith over the next few weeks.

